



\_\_\_\_\_ – a philosophy that usually rejects supernaturalism and stresses and individual’s dignity and worth and capacity for self-realization through reason. Merriam-Webster, 2024.

### LESSONS FROM INSIDE OUT 2: TRUE OR FALSE?

I. \_\_\_\_\_ create my \_\_\_\_\_, and \_\_\_\_\_.

True <>      False <>      Partially True <>

• REEL TRUTH: My Beliefs stem from \_\_\_\_\_.

<sup>18</sup> But God shows his anger from heaven against all sinful, wicked people who suppress the truth by their wickedness. <sup>19</sup> They know the truth about God because he has made it obvious to them. <sup>20</sup> For ever since the world was created, people have seen the earth and sky. Through everything God made, they can clearly see his invisible qualities—his eternal power and divine nature. So they have no excuse for not knowing God. **Romans 1:18-20** NLT

• REEL TRUTH: Whether I \_\_\_\_\_.

<sup>28</sup> For in him we live and move and exist. As some of your own poets have said, ‘We are his offspring.’ <sup>29</sup> And since this is true, we shouldn’t think of God as an idol designed by craftsmen from gold or silver or stone. <sup>30</sup> “God overlooked people’s ignorance about these things in earlier times, but now he commands everyone everywhere to repent of their sins and turn to him. <sup>31</sup> For he has set a day for judging the world with justice by the man he has appointed, and he proved to everyone who this is by raising him from the dead.” **Acts 17:28-31** NLT

II. A healthy \_\_\_\_\_ is what \_\_\_\_\_.

True <>      False <>      Partially True <>

• REEL TRUTH: A healthy \_\_\_\_\_ helps me make good choices.

<sup>5</sup> Trust in the LORD with all your heart and lean not on your own understanding; <sup>6</sup> in all your ways submit to him, and he will make your paths straight. **Proverbs 3:5-6** NIV

III. Puberty can be a \_\_\_\_\_ full of \_\_\_\_\_.

True <>      False <>      Partially True <>

• REEL TRUTH: Maturing from \_\_\_\_\_ is part of \_\_\_\_\_.

<sup>15</sup> Folly is bound up in the heart of a child, but the rod of discipline will drive it far away. **Proverbs 22:15** NIV

IV. Unchecked anxiety will take over my life.

True <>      False <>      Partially True <>

• REEL TRUTH: The \_\_\_\_\_ is to \_\_\_\_\_.

<sup>6</sup> Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. <sup>7</sup> And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus. **Philippians 4:6-7** NIV

V. I am a \_\_\_\_\_ of memories and emotions, all of which \_\_\_\_\_.

True <>      False <>      Partially True <>

• REEL TRUTH: I am a \_\_\_\_\_ of memories and emotions, all of which \_\_\_\_\_.

<sup>36</sup> “Teacher, which is the greatest commandment in the Law?” <sup>37</sup> Jesus replied: “ ‘Love the Lord your God with all your heart and with all your soul and with all your mind.’ <sup>38</sup> This is the first and greatest commandment. <sup>39</sup> And the second is like it: ‘Love your neighbor as yourself.’ <sup>40</sup> All the Law and the Prophets hang on these two commandments.” **Matthew 22:36-40** NIV