



# **PRAYING THE SCRIPTURES**

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## Praying the Scriptures about Forgiveness

### **Psalms 103:2-5**

Praise the LORD, O my soul, may I not forget all of your benefits-you forgive all my sins and heal all my diseases, you redeem my life from the pit and crown me with love and compassion, you satisfy my desires with good things so that my youth is renewed like the eagle's.

### **Ephesians 1:7-8**

Thank you, God, that we have redemption through Christ's blood, the forgiveness of sins, in accordance with the riches of your grace that you lavished on us with all wisdom and understanding.

### **Colossians 1:13-14**

Thank you, Lord, for rescuing us from the dominion of darkness and bringing us into the kingdom of the Son you love, in whom we have redemption, the forgiveness of sins.

### **Psalms 19:13**

Keep your servant also from willful sins; may they not rule over me. Then will I be blameless, innocent of great transgression.

### **Psalms 25:10-11**

All the ways of the LORD are loving and faithful for those who keep the demands of his covenant. For the sake of your name, O LORD, forgive my iniquity, though it is great.

### **Psalms 32:1-2**

Remind me, Lord, that I am blessed because my transgressions are forgiven, my sins are covered. I am blessed because you do not count my sin against me and in my spirit there is no deceit.

### **Matt 6:14-15**

Remind me, Lord, that if I forgive men when they sin against me, you will also forgive me. But if I do not forgive men their sins, you will not forgive my sins.

### **Col. 3:12-13**

Lord, help us as your chosen people, holy and dearly loved, to clothe ourselves with compassion, kindness, humility, gentleness and patience. And to bear with each other and forgive whatever grievances we may have against one another. And to forgive as You forgave us.

### **Hebrews 8:11-12**

We praise you, Lord, for forgiving our wickedness and remembering our sins no more.

### **1 John 1:9**

Thank you, Lord, for your promise that if I confess my sin, you are faithful and just and will forgive me and purify me from all unrighteousness.

## Praying the Scriptures about Temptation

### **Matt 26:41**

Lord, help me to watch and pray so that I will not fall into temptation. Remind me as you did your disciples, "The spirit is willing, but the body is weak."

### **1 Cor 10:13**

I pray that I will remember that no temptation has seized me except what is common to man. And you, God, are faithful; you will not let me be tempted beyond what I can bear. And you will also provide a way out so that I can stand up under this temptation.

### **James 1:2-4**

I pray that I will consider it pure joy whenever I face trials of many kinds, because I know that the testing of my faith develops perseverance. Perseverance must finish its work so that I may be mature and complete, not lacking anything.

### **Acts 26:18**

Teach me, Lord, to open my eyes and turn from darkness to light, from the power of Satan to God. . .

### **Romans 16:20**

I pray that the God of peace will soon crush Satan under my feet and the grace of my Lord Jesus will be with me.

### **2 Cor 2:10-11, 2 Cor 11:14-15**

Do not let Satan outwit me, Lord, and please make me aware of his schemes. Remind me that he masquerades as an angel of light.

### **1 Peter 5:8**

I pray that I will be self-controlled and alert knowing that my enemy, the devil, prowls around like a roaring lion looking for someone to devour.

### **Psalms 18:39-40**

Remind me of past victories when you armed me with strength for battle; you made my adversaries bow at my feet. You made my enemies turn their backs in flight, and destroyed my foes.

### **2 Thes 3:3**

In the midst of temptation, Lord, remind me that you are faithful, and will strengthen and protect me from the evil one.

## Praying the Scriptures about Materialism

### Mat 20:15

Lord, help me remember that everything is yours and help me not be envious if you are generous to others.

### I Tim 6:10

Lord, remind me that the love of money is a root of all kinds of evil. I pray I will not be so eager for money that I may wander from the faith and pierce myself with griefs I cannot even imagine.

### I Tim 6:17

Lord, I know that when compared to the rest of the world, I am truly rich. Help me not to put my hope in this wealth which is so uncertain but to put my hope in you as you richly provide me with everything for my enjoyment.

### Phil 4:12

Lord, help me to learn the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.

### I Tim 6:6-8

Teach my heart to realize that godliness with contentment is great gain. For I brought nothing into the world, and can take nothing out of it. But if I have food and clothing, I will be content with that.

### Hebrews 13:5

I pray that I will keep my life free from the love of money and be content with what I have, because You have said, "Never will I leave you; never will I forsake you."

### Ecc 5: 10

Lord help me know that if I love money I will never have enough money; If I love wealth I will never be satisfied with my income no matter what it is. This is meaningless.

### Matt 6:24

Lord, help me remember that I cannot serve two masters. Either I will hate the one and love the other, or I will be devoted to the one and despise the other. I cannot serve both You and Money. I pray that I will serve you alone.

### Matt 6:19

I pray that I will not store up treasures on earth, where moth and rust destroy, and where thieves break in and steal. But I will spend my time, energy and emotions on storing up treasures in heaven, where moth and rust do not destroy, and where thieves do not break in and steal.

### Matt 6:33

Lord, I pray that my first priority every day will be to seek your kingdom and your righteousness, knowing that all the things I need will be given to me as well.

## Praying the Scriptures about how I use my Words

### Ephesians 4:29

Lord, do not let any unwholesome talk come out of my mouth, but only what is helpful for building others up according to their needs, that my words may benefit those who listen.

### Ephesians 4:31-32

Lord, I pray you will help us get rid of all bitterness, rage and anger, brawling and slander, along with every form of malice. Teach us to be kind and compassionate to one another, forgiving each other, just as in Christ God forgave us.

### Psalms 141:3

Set a guard over my mouth, O LORD; keep watch over the door of my lips.

### Proverbs 27:2

Lord, help me to not be prideful. Let another praise me, and not my own mouth; someone else, and not my own lips.

### Ephesians 4:15

God, help me to speak the truth *in love*, so that I will grow up into him who is the Head, that is, Christ.

### Philippians 2:14-15

Help me to do everything without complaining or arguing, so that I may become blameless and pure, your child, God, without fault in a crooked and depraved generation, in which I can shine like a star in the universe if I choose to shine.

### Proverbs 11:13, 16:28

I pray that I will not be a gossip who betrays confidences but a trustworthy woman who keeps secrets...I pray that I will not be a perverse woman who stirs up dissension or a gossip who separates close friends.

### Proverbs 12:18

I pray that I will not use reckless words that pierce like a sword but will have a wise tongue that will bring healing to others.

### Proverbs 15:1, James 1:19

I pray that I will give gentle answers that turn away wrath and not speak harsh words that stir up anger...I pray that I will be quick to listen, slow to speak and slow to become angry.

### Gal. 5:22-23

I pray that all of my words will reflect the fruit of the Spirit of love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

## Praying the Scriptures for God's Presence in Scary Times

### **Psalms 22:19**

But you, O LORD, be not far off; O my Strength, come quickly to help me.

### **Psalms 121:3-4**

Lord, thank you for watching over me all night because you do not slumber or sleep and I can sleep peacefully under your watch.

### **Isaiah 41:10**

Lord, help me not to fear for you are with me; help me not be dismayed, for you are my God. You will strengthen me and help me; You will uphold me with your righteous right hand.

### **Job 11:14-16**

Lord, help me to put away the sin that is near me and not allow evil to dwell in my thoughts, then I will lift up my face without shame; and will stand firm and without fear. I will surely forget my trouble, recalling it only as waters gone by.

### **Psalms 3:5-6**

Help me Lord, to lie down and sleep; I will wake again, because you sustain me. I will not fear the tens of thousands drawn up against me on every side.

### **Psalms 27:1-2, 4**

LORD, you are my light and my salvation— whom shall I fear? You are the stronghold of my life—of whom shall I be afraid? When my enemies and my foes attack me, they will stumble and fall. One thing I ask of you, this is what I seek: that I may dwell in your house all the days of my life, and gaze upon your beauty and seek you in your temple.

### **Psalms 46:1-3**

God, you are my refuge and strength, an ever-present help in trouble. Therefore I will not fear, though the earth give way and the mountains fall into the heart of the sea, though its waters roar and foam and the mountains quake with their surging. You are here so I will not fear.

### **Psalms 91:4-6**

Lord, please cover me with your feathers, and under your wings I will find refuge; Your faithfulness will be my shield and rampart. I will not fear the terror of night, nor the arrow that flies by day.

### **Psalms 112:6-7, Romans 8:28**

I will never be shaken; I will have no fear of bad news; my heart is steadfast, trusting in you LORD because I know that in all things you work for the good of those who love you.

### **I John 3:19-20**

Please set my heart at rest in your presence, God, for you are greater than my heart, and you know everything about this situation.

## Praying the Scriptures Dealing with Physical Difficulty

### **Psalms 31:9-10**

Be merciful to me O LORD for I am in distress; my eyes grow weak with sorrow, my soul and my body with grief. My life is consumed by anguish and my years by groaning; my strength fails because of my affliction, and my bones grow weak.

### **Isaiah 40:29-31**

Lord, please give me strength and power for I am weary and weak. I will put my hope in you LORD and have faith that you will renew my strength. I will soar on wings like eagles; I will run and not grow weary, I will walk and not be faint.

### **Habakkuk 3:19**

You O LORD are my strength; you make my feet like the feet of a deer, you enable me to continue to high places.

### **Ephesians 3:16-17**

I pray that out of your glorious riches you may strengthen me with power through your Spirit in my inner being when I feel I can no longer continue on my own.

### **Colossians 1:10-12**

God, strengthen me with all power according to your glorious might so that I may have great endurance and patience, and joyfully give thanks to you Father for you have qualified me to share in the inheritance of the saints in the kingdom of light.

### **2 Corinthians 4:16**

Lord, help me to not lose heart. Though outwardly I feel I am wasting away, yet inwardly I know I am being renewed day by day. For my light and momentary troubles are achieving for me an eternal glory that far outweighs them all. So Lord help me to fix my eyes not on what is seen, but on what is unseen. For what is seen is temporary, but what is unseen is eternal.

### **Psalms 73:26**

Lord even if my flesh may fail, you are the strength of my heart forever!

### **2 Corinthians 12:9**

Lord, help me to understand that your power is made perfect in my weakness. As you have said--your grace is all I **really** need. So it is these times when I am weak that you can truly make me strong!

### **Revelation 21:4-5**

Lord, I am thankful you have made a place where there is no more death or mourning or crying or pain. I look forward to the time in Heaven when you will make everything new!

## Praying the Scriptures for Times of Grief or Depression

### Isaiah 61:2-3

Lord, I pray that you would give me comfort as I mourn. Bestow on me a crown of beauty instead of ashes, a garment of praise instead of despair. Please plant me like an oak of righteousness to display your splendor.

### Psalms 40:1-3

Lord, please hear my cry and lift me out of the slimy pit, out of the mud and mire. Please set my feet on a rock and give me a firm place to stand when I feel I am sinking. Put a new song in my mouth--a song of praise to you, my God.

### Psalms 139:1-2, 8-14

Lord, help me know that no matter where I go, you are there. Surely the darkness will hide me and light becomes night all around me, but even the darkness will not be dark to you, the night will shine like day for darkness is as light to you. Please find me in my darkness and turn it into light.

### I Peter 5:7

Lord help me to cast all my anxiety onto you for I know you care for me.

### Matthew 11:28-30

When I am weighted down by weariness, Lord, I come to you for you are gentle and humble in heart and have promised to give me rest for my soul.

### Psalms 42:3-8

When I find myself in tears day and night, help me to put my hope in you, Lord and remember your love and kindness. Pour out your unfailing love throughout the day and at night fill my heart with your life-giving songs.

### Psalms 90:14-16

Lord, satisfy me in the morning with your unfailing love that I may sing for joy. Give me gladness in proportion to my former misery and let me see your glory at work in my life.

### Psalms 4:6-8

Let the light of your face shine upon me, O Lord. Fill my heart with joy and let me lie down and sleep in peace.

### Revelation 21:4

Lord, thank you preparing Heaven for me where there will be no more death or mourning or crying or pain. I pray that the hope of that future home and the knowledge of your presence now will wipe every tear from my eyes.

## Praying the Scriptures for Purity of Thought & Action

### Titus 2:11-14

Lord, teach me to say "No" to ungodliness and worldly passions, and to live a self-controlled, upright and godly life in this present age, while I wait for the blessed hope—the glorious appearing of you, my great God and Savior, Jesus Christ, because you gave yourself up for me to redeem me from all wickedness and to purify for yourself a people that are your very own, eager to do what is good.

### Philippians 1:9-11

Lord, I pray that my love will grow more and more in real knowledge and deep insight so that I will be able to choose what is best and be pure and blameless until the day of your return.

### Philippians 4:8

Lord, I pray that I will think of the right things. Help me to center my thoughts on things that are noble and true and lovely. Help me spend my time dwelling on things that are worthy of honor and praise and not waste my time on things that are not worthwhile spiritually or that are damaging to my spirit.

### I Peter 1:13

Lord, help me to prepare my mind for service and to be self-controlled. Help me to keep in the forefront of my mind the hope of the gift that will be mine when you are shown to me!

### I John 3:3

Lord, I set my hope in you because it is possible through you for me to be completely purified just as you are pure.

### 2 Corinthians 7:1

Lord, please purify me from anything that could **contaminate** my spirit and help me not be drawn to those things that destroy my relationship with you.

### Hebrews 11:16

Lord, help me not to love this world, but instead create in me a longing for a better country, a heavenly one where you have prepared a city for me.

### Colossians 3:1-2

Lord, since I have been raised to a new life with you, help me set my sights on the realities of heaven and not spend so much time and thought on the things of this world that will just pass away.

### James 3:17

Lord, please fill my heart with the wisdom from above which is first of all pure. Then it will allow me to be peace loving, gentle at all times, and willing to yield to others, full of mercy and good deeds and always sincere.

### 2 Corinthians 4:18-19

Lord, I pray that I will not concentrate on the troubles that I can see right now but that I will fix my gaze on the things that cannot be seen. For the things I see now will soon be gone, but the things I cannot see will last forever.