



# HUNGRY FOR GOD

Nehemiah – Fasting when Your World is Falling Apart  
#2 of 6 – The Crossings Church

The God of heaven will help us, and we...will rebuild.... **Nehemiah 2:20** (LB)

## 1. Is initiated when I \_\_\_\_\_.

➤ PRAYER AND FASTING THAT RESULTS IN GOD REBUILDING MY LIFE ...

These are the memoirs of Nehemiah son of Hacaliah. In late autumn, in the month of Kisleev, in the twentieth year of King Artaxerxes' reign, I was at the fortress of Susa. <sup>2</sup> Hanani, one of my brothers, came to visit me with some other men who had just arrived from Judah. I asked them about the Jews who had returned there from captivity and about how things were going in Jerusalem. <sup>3</sup> They said to me, "Things are not going well for those who returned to the province of Judah. They are in great trouble and disgrace. The wall of Jerusalem has been torn down, and the gates have been destroyed by fire." **Nehemiah 1:3** (NLT)

And then a little later, GOD-of-the-Angel-Armies spoke out again: "Take a good, hard look at your life. Think it over. <sup>6</sup>You have spent a lot of money, but you haven't much to show for it. You keep filling your plates, but you never get filled up. You keep drinking and drinking and drinking, but you're always thirsty. You put on layer after layer of clothes, but you can't get warm. And the people who work for you, what are they getting out of it? Not much-- a leaky, rusted-out bucket, that's what. <sup>7</sup> That's why GOD-of-the-Angel-Armies said: "Take a good, hard look at your life. Think it over." **Haggai 1:5-7** (MP)

## 2. Is continued as \_\_\_\_\_.

"When I heard this, I sat down and cried. I mourned for days. I continued to fast and pray to the God of heaven. **Nehemiah 1:4** (NLT)

## 3. Requires that \_\_\_\_\_.

I said, "LORD God of heaven, great and awe-inspiring God, you faithfully keep your promise... <sup>1</sup> I can do this in because Please remember what you told your servant Moses: 'If you sin, I will scatter you among the nations. <sup>9</sup>But if you return to me and obey my commands, even if you are exiled to the ends of the earth, I will bring you back....'" **Nehemiah 1:5, 8-9** (NLT)

- " \_\_\_\_\_ " is His position.

- " \_\_\_\_\_ " is His power.
- " \_\_\_\_\_ " is His personality.

## 4. Demands that \_\_\_\_\_.

### My part #1: As I Fast \_\_\_\_\_.

I confess that we have sinned against you. Yes, even my own family and I have sinned! We have sinned terribly by not obeying the commands, laws, and regulations that you gave us through your servant Moses. **Nehemiah 1:6-7** (NLT)

There was a time when I wouldn't admit what a sinner I was. But my dishonesty made me miserable and filled my days with frustration. **Psalms 32:3** (LB)

You will never succeed in life if you try to hide your sins... **Proverbs 28:13** (GN)

### My part #2: As I Fast I \_\_\_\_\_.

"Please remember what you told your servant Moses: 'If you sin, I will scatter you among the nations. <sup>9</sup>But if you return to me and obey my commands, even if you are exiled to the ends of the earth, I will bring you back....'" **Nehemiah 1:8-9** (NLT)

Therefore this is what the LORD says: "If you repent, I will restore you..." **Jeremiah 15:19** (NIV)

"Why are you angry?" the Lord asked him. "Why is your face so dark with rage? <sup>7</sup>It can be bright with joy if you will do what you should! But if you refuse to obey, watch out...." **Genesis 4:6** (LB)

### My part #3: As I Fast I \_\_\_\_\_.

We are your servants, the people you rescued by your great power and might. <sup>11</sup>O Lord, please hear my prayer! Listen to the prayers of those of us who delight in honoring you. Please grant me success now as I go to ask the king for a great favor... **Nehemiah 1:10** (NLT)

You want what you don't have... You're determined to have things... You don't have the things you want, because you don't pray for them. **James 4:2** (GWT)

### My part #4: As I Fast I \_\_\_\_\_.

Early the following spring, in the month of Nisan, during the twentieth year of King Artaxerxes' reign, I was serving the king his wine. I had never before appeared sad in his presence. <sup>2</sup>The king asked me, "Why does your face look so sad when you are not ill?" I was very much afraid, <sup>3</sup>but I said to the king, "... the city where my fathers are buried lies in ruins, and its gates have been destroyed by fire?" <sup>4</sup>The king said to me, "What is it you want?" Then I prayed to the God of heaven, <sup>5</sup>and I answered the king... **Nehemiah 2:1-4** (NIV)