



Secret #1: I must find a way to practice forgiveness.

Secret #2: I must find a way to turn my suffering into service.

Secret #3: I must find a way to take care of those who care for me.

Secret #4: I must Direct my Difficult Questions to God.

About the sixth hour darkness came over the whole land until the ninth hour. ³⁴ And at the ninth hour Jesus cried out in a loud voice, "Eloi, Eloi, lama sabachthani?"-which means, "My God, my God, why have you forsaken me?" **Mark 15:33-34** (NIV)

➤ **I NEED TO DIRECT MY HARD QUESTIONS TO GOD...**

1. **Because God** _____ **for me.**

God cares for you, so turn all your worries over to him. **1 Peter 5:7** (CEV)

2. **Because God** _____ **to me.**

You listen to the longings of those who suffer... and you pay attention to their cries for help. **Psalms 10:17** (CEV)

The LORD watches over the righteous and listens to their cries...
Psalms 34:13 (TEV)

3. **Because God** _____ **for me.**

When his people pray for help, he listens and rescues them from their troubles. ¹⁸ The LORD is there to rescue all who are discouraged and have given up hope. ¹⁹ The LORD's people may suffer a lot, but he will always bring them safely through. **Psalms 34:17-19** (CEV)

➤ **I CAN I FIND ANSWERS TO MY HARD QUESTIONS IF I WILL...**

1. _____ **God for Help.**

I asked the LORD for help, and he answered me. He saved me from all that I feared. **Psalms 34:4** (NCV)

If any of you needs wisdom to know what you should do, you should ask God, and he will give it to you. **James 1:5** (GW)

You don't have what you want, because you don't ask God. **James 4:2b** (NIRV)

2. _____ **God to Help.**

- **That means I** _____ .
 - **A Bad Day can** _____ **the voice of God.**

Pain insists upon being attended to. God whispers to us in our pleasures, speaks in our consciences, but shouts in our pains. It is his megaphone to rouse a deaf world. C. S. Lewis

Hard punishment [^LBlows and bruises] ·will get rid of evil, and whippings can change an evil heart. **Proverbs 20:30** (EXB)

- **A Bad Day can** _____ **the voice of God.**

They made their hearts as hard as flint so that they couldn't hear the LORD'S teachings... **Zechariah 7:12** (NLT)

- **That means I** _____ .

The God of Israel, the LORD who saves you, says: "I am the LORD your God, the one who wants to teach you for your own good and direct you in the way you should go. ¹⁸ "If only you had listened to my commands! Then blessings would have flowed for you like a stream that never goes dry... ¹⁹ Your descendants would be as numerous as grains of sand, and I would have made sure they were never destroyed." **Isaiah 48:17-19**

3. _____ **God until He helps.**

People shouted at him and made fun of him. But he didn't do the same back to them. He suffered. But he didn't say that bad things would happen to them. Instead, he trusted in the One who judges fairly. **1 Peter 2:23** (NIRV)

- **"My God, why have you forsaken me?" (Psalm 22:1) is an admission of feeling and an acknowledgement of trust.**

The point is, Before you trust, you have to listen. But unless Christ's Word is preached, there's nothing to listen to. **Romans 10:17** (MP)

Do not throw away this confident trust in the Lord, no matter what happens. Remember the great reward it brings you! ³⁶ Patient endurance is what you need now, so you will continue to do God's will. Then you will receive all that he has promised. **Hebrews 10:35** (NLT)



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